



# AYOLA

# Foods

## MENU



**ORDER NOW**

0713280550

Kahawa Sukari, Ruhan Plaza Shop No 23

Open at : 6:30 AM - 9:30 PM



*Eat Healthy  
Enjoy Life*



## Beverages Menu

### Mixed Tea

Mixed Tea (Cup)	100
Mixed Tea with Ginger (Cup)	120
Mixed Tea (Pot)	150
Mixed Tea Spicy/Masala (Cup)	170
Mixed Tea Spicy/Masala (Pot)	250

### Black Tea

Black Tea (Cup)	80
Black Tea (Pot)	120
Black Tea with Ginger & Lemon (Cup)	100
Black Masala Tea (Cup)	150
Black Masala Tea (Pot)	200

### Coffee

White Coffee	120
Black Coffee	100
Black Coffee with Lemon & Ginger	120

### White Tea

White Tea (Cup)	100
White Tea with Ginger (Cup)	120

### Chocolate

White Chocolate	120
Black Chocolate	100

### Milk

Milk (Cup)	120
Milk (Goat Cup)	150

**House Special**  
Ayola Special Dawa @ 250

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## Snacks Menu

### Light Bites

Pancakes (2 Pieces)	120
Pancakes (3 Pieces)	180
Plantain Pancakes (2 Pieces)	150
Plantain Pancakes (3 Pieces)	200

### Pancakes

Chapati (Butter or Plain)	60
Beef Samosa	60
Beef Sausage	80

### Eggs

2 Fried Eggs (Kawaida)	150
2 Fried Eggs (Kienyeji)	170

### Plantain Specials

(Served with Garden Salad)

Plantain (1 Piece)	130
Plantain (2 Pieces)	250
Plantain (3 Pieces)	350

### Plantain Specials

Boiled Nduma (Served with Garden Salad)	150
Fried Nduma	200

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## Main Dishes

### Mushroom Oyste

(Plain)	350
<b>Served with:</b>	
Ugali	430
Special Ugali	500
Chips	510
Chips Masala	580
Pilau	550
Nduma (Boiled)	500
Chapati	410
2 Plantains	600

### Rabbit Meat (Dry Fry / Wet Fry)

(Plain)	450
<b>Served with:</b>	
Ugali	530
Special Ugali	600
Chips	610
Chips Masala	680
Pilau	650
Nduma (Boiled)	600
Chapati	510

### Beef Fry

(Plain)	320
<b>Served with:</b>	
Ugali	400
Special Ugali	470
Chips	480
Chips Masala	550
Pilau	520
Nduma (Boiled)	470

### Beef Stew

(Plain)	370
<b>Served with:</b>	
Ugali	450
Special Ugali	520
Chips	530
Chips Masala	600
Pilau	570
Nduma (Boiled)	520
Chapati	430
2 Plantains	620

### Main Platters

Platter for Two (Unconventional): 1,800

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## Main Dishes

### Savory Liver

Plain	400
With Ugali	480
With Special Ugali	550
With Chips	560
With Chips Masala	630
With Pilau	600
With Boiled Nduma	550
With Chapati	460
With 2 Plantains	650

### Hearty Minced Meat

Plain	400
With Ugali	480
With Special Ugali	550
With Chips	560
With Chips Masala	630
With Pilau	600
With Boiled Nduma	550
With Chapati	460
With 2 Plantains	650

### Signature Nduma Dishes

Scrambled Nduma	400
Stewed Nduma	300
Meaty Nduma	450
Kuku Kienyeji	400
with Ugali	480
with Ugali special	550
with Chips	560
with Chips masala	630
with Pilau	600
with nduma Boiled	450
with Chapati	460
with 2 Plantains	650

### Egg & Nduma Specials

Scrambled Eggs	
Plain	220
With Ugali	300
With Special Ugali	370
With Chips	380
With Pilau	420
With Boiled Nduma	370
With Chapati (1 pc)	280
With 2 Plantains	470

### Sungura Kikwetu @1100

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## Main Dishes

### Quick Mixes

Pilau/ Chips mix	200
plantain/Pilau mix	250
platters for two( convectional)	1500
platter for two(unconventional)	1800

### Speciality Flours

Fresh Plantain	250
Fresh Mushrooms (Oyster)	250
Dried Mushrooms (Oyster)	350
Raw Rabbit (1kg)	1,100
1/2 Kg	550
1/4 Kg	280

### Pork

1kg	1200
1/2kg	600
1/4kg	300

### Produce and More

( Fortified with Whole Plantain)

Ayola Special Ugali Mix	300 per kg
Ayola Special Uji Mix	600 per Kg
Ayola Special Toto's Uji Mix	600 per Kg
Ayola Special Chapati/Pancake Mix	350

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### Vegetables

Spinach	100
Cabbage	100
Kienyeji Vegetable	150

### Herbal Teas

Hibiscus	250
Green Tea	250
Purple Tea	250
Pineapple Peel Tea	250
Pineapple Peel / Plantain Peel Tea	250
Chamomile Tea	250

### Fresh Dairy (Others)

Fresh Goat Milk ( 1 litre 250 )
Pure, farm-fresh quality.
Fresh Cow Milk (1 litre 80 )

### Fruits Salads

Classic Fruit Salad (Banana, Avocado, Watermelon, Pawpaw, Pineapple, Mango & Beetroot)	250
Nutty Fruit Salad (Served with a mixture of nuts and seeds)	300
Creamy Fruit Salad (Served with Yoghurt)	300
The Ultimate Mix (Served with Nuts, Seeds, and Yoghurt)	400
Special Fruit Salad (Customized with fruit of choice + Healthy Toppings)	400

#### EXTRAS

Honey @50

Extra Toppings (Seeds, Nuts, Yoghurt, etc.) @50



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## Cold Beverages

### Essentials

Soda (300ML)  
Soda (500ML)  
Water (500ML)  
Water (1lt)

70  
100  
50  
80

### Fresh Juices (All 250)

Cucumber Juice  
Zesty Citrus  
Energizer  
Pineapple Juice  
Immunity Booster  
Hibiscus Juice

### Classic Juice (All 200)

Pineapple & Mint  
Pineapple & Passion  
Sugarcane Juice (Ginger, Lime, Mint)  
Tropical Mix  
Mango Passion + Sugarcane  
Passion + Sugarcane

### Blend (All 300)

The energizer  
The green monster  
Special Juices (Prepared with Fruit  
of choice)  
Smoothies (All 350)

### Smoothies (All 350)

Pink Smoothie  
Strawberry Banana Smoothie  
Pinacolada Smoothie  
Mango Protein Smoothie  
Avocado Smoothie  
Mango/ Papaya Smoothie  
Papaya Banana Smoothie  
Dragon Banana Smoothie

#### Note

All smoothies contain super seeds, Nuts and Yoghurt.

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## Fermented products

### Yoghurt

300ml:	100
500ml:	150
1 litre:	280

### Maziwa Mala

300ml:	70
500ml:	120
1 litre:	220

### Fruison (Mixture of yoghurt & juices)

300ml:	200
500ml:	250
1 litre:	480

## Plantain Pro-Biotic Kvass

### Pro-Biotics (Fermented Cabbage)

Sauerkraut (Portion)	100
Sauerkraut (500ml jar)	500
Sauerkraut (750ml jar)	750

### Plain

250ml:	150
500ml:	300
1 litre:	580

### With Lime, Ginger, or Cinnamon

250ml:	150
500ml:	300
1 litre:	580

Bulk: 550 per litre (for orders above 3 litres)

Bulk: 550 per litre (for orders above 3 litres)

## Fermented Plantain Juice

### Plain

250ml:	200
500ml:	400
1 litre:	800

### Aromatic

250ml:	230
500ml:	450
1 litre:	900

Bulk: 700 per litre (for orders above 3 litres)

Bulk: 800 per litre (for orders above 3 litres)

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# Our Services & Products

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## Outside Catering

Professional catering services for your events.

Quality food provided at affordable prices.

## Meeting Space Rental

1 Hour: 250 per head

3 Hours: 500 per head



# Our Services & Products

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Events & Spaces

Meeting Space Rental

Professional space available for bookings.

Rate: 250 per head (for 1 hour)

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